

## **CURRICULUM VITAE**

**GREGORY J. NICOSIA**

### **PERSONAL DATA**

Date of Birth: May 20, 1950

Marital Status: Married

### **LICENSURE & CERTIFICATIONS**

Pennsylvania Licensed Psychologist #: PS003167-L

Board Certified Forensic Examiner #2602

Diplomate, American Board of Psychological Specialties: Neuropsychology #7220

Certified Substance Abuse Professional

Certified EMDR Therapist and Consultant

Diplomate and Consultant Comprehensive Energy Psychology

Certified in Neurofeedback #1820

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### **HOME**

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### **EDUCATIONAL BACKGROUND**

1973-1976	Ph.D.	Rutgers-The State University of New Jersey-Psychology
1971-1973	M.S.	Rutgers-The State University of New Jersey-Psychology
1967-1971	B.S.	Union College, Schnectady, New York, Mathematics and Psychology

### **ACADEMIC HONORS**

1978-1979	NSF-AAAS Chautauqua Program Participant Grant: Development of Reasoning
1977-1978	NSF-AAAS Chautauqua Program Participant Grant: Biofeedback Research

1972-1974	New Jersey State Grant
1967-1971	Union College Scholarship

### **PROFESSIONAL SOCIETIES**

Fellow, Pennsylvania Psychological Association  
 American Psychological Association  
 Fellow, American College of Forensic Examiners  
 Eastern Psychological Association (Liaison Officer 1977-1979)  
 Greater Pittsburgh Psychological Association  
 Eye Movement Desensitization & Reprocessing International Association  
 Association for Comprehensive Energy Psychology

### **PROFESSIONAL RECOGNITION**

1997 Pittsburgh Man of the Year in Science and Medicine, nominee  
 2010 Pittsburgh Transformational Leaders Tribute  
 2012 Visionary Leadership Award, Association for Comprehensive Energy Psychology

### **PROFESSIONAL EXPERIENCE**

11/1979-present	Private Practice of Psychology, Behavioral Medicine
10/1984- present	President & Director of Clinical Services, Advanced Diagnostics, P.C. Pittsburgh, PA
2009 & 2010	President, Association for Comprehensive Energy Psychology (ACEP)
2006-2014	Trainer, ACEP Certification
2005-2008	Chairman, ACEP Certification Committee
2001-2012	Member, ACEP Board of Directors
1995	Thought Field Therapy Diagnostician Certification

1994	Eye-Movement Desensitization Reprocessing Facilitator and Conference Sponsor. Pittsburgh, PA
1993-2008	Member, Board of Directors of Three Rivers Adoption Council. Pittsburgh, PA
1993-present	Eye-Movement Desensitization and Reprocessing Facilitator Certification
1984-1991	Faculty, Chautauqua Institute, Chautauqua, NY
1984-1990	Editorial Staff of Health and Learning Quarterly
1980-1992	Member of Board of Directors of the Carriage House Children's Center Pittsburgh, PA
1985-1988	Advisory Board of Alive Magazine
1983-1988	Consultant to C.I.S. of Pittsburgh
1979-1984	Assistant Professor of Psychology, Chatham College. Pittsburgh, PA
1979	Chair, Session on Organization of Memory, Eastern Psychological Association's 50th Annual Meeting Philadelphia, PA
1976-1978	Internship, Dr. Eugene Alexander, Director Wilson College. Chambersburg, PA
1976-1979	Assistant Professor of Psychology, Wilson College. Chambersburg, PA
1976-1977	Consultant to the American Institute of Research, Area Director of Study on the Quality of Life in the Aged
1976 Summer	Assistant Professor of Psychology, Camden College of Arts and Sciences, Rutgers University. Camden, NJ

1975-1976	Project Director, Environmental Research Unit, Rutgers University. New Brunswick, NJ
1975	Internship, Dr. Edith Niemark, Director Rutgers University, New Brunswick, NJ
1974 Summer	Instructor of Psychology, Georgian Court College. Lakewood, NJ
1972-1973	Adjunct Professor of Psychology, Middlesex County College. Middlesex, NJ
1971-1974	Teaching Assistant, Douglass College, Rutgers University. New Brunswick, NJ
1970-1971	Internship in School Psychology, Schalmont Central School District. Schenectady, NY

### **WORKSHOPS and INVITED ADDRESSES**

*Trauma and the Management of Chronic Psychogenic Pain.* Invited presentation at the Summer Conference of the Allegheny County Overdose Prevention Coalition. Pittsburgh, PA. July 2017

*Integrating Energy Psychology in Practice: Synergistic Methods,* One-day Pre-conference Clinical workshop presented at the 19<sup>th</sup> Annual International Energy Psychology Conference, San Antonio, TX May 2017.

*Trauma and the Treatment of Chronic Pain.* Invited presentation to the Employee Assistance Professionals Association, Pittsburgh, PA. September 2016

Keynote Address. *Energy Psychology: A Review of Neurobiology and Bio-Energetic Patterns.* Lifestyle Medicine Conference. Pittsburgh, PA May 2015.

Invited Address. *To Engender Healing, Know the Power of Being Human.* presented at the 16th Annual International Energy Psychology Conference, Phoenix, AR June 2014

*Client Care and Facilitation Skills.* ACEP required Certification Program Webinar conducted and recorded March 2013.

*Creative Approaches to Impasses and Deepening Access to Non-conscious Information.* ACEP required Certification Program Webinar conducted and recorded March 2013.

*Ideomotor Cuiing: Portal to the Unconscious.* Clinical workshop presented at the Annual International Energy Psychology Conferences:

Reston, VA June 2013  
San Diego, CA 2012  
Reston, VA 2011

*Energy Psychology: Practice Theory and Research.* Clinical workshop presented at the Annual International Energy Psychology Conferences:

Reston, VA June 2013  
San Diego, CA 2012

*Look Ma It's Easy: Single Subject Research.* Clinical workshop presented at the Annual International Energy Psychology Conferences:

Reston, VA June 2013  
San Diego, CA 2012  
Reston, VA June 2011

*Science or Superstition: the Latest Research on EP.* Panel Discussion at the 9th Annual International Energy Psychology Conference, Chantilly, VA. April 2007.

*Energy Psychology: Essential Practices for Therapy.* Clinical workshop presented at the 8<sup>th</sup> Annual International Energy Psychology Conference, Albuquerque, NM. May 2008

*Promises and Challenges of EP Research.* Clinical workshop presented at the 8<sup>th</sup> Annual International Energy Psychology Conference, Albuquerque, NM. May 2008.

*Essentials of Energy Psychology.* Clinical workshop presented at the 7<sup>th</sup> Annual International Energy Psychology Conference, Santa Clara, CA. May 2006.

*ACEP Certification Workshop.* Two-day introductory and advanced trainings sponsored by the Association for Comprehensive Energy Psychology:

-Albuquerque, NM November 2011	-Albuquerque, NM Feb 2012
-Atlanta Feb 2012	-Boston, MA July 2012
-New York, NY March 2012	-New York, NY July 2012
-Tampa, FL Feb 2013	-Bethesda, MD March 2013
-Reston, VA June 2013	-Pittsburgh, PA Sept 2013
-Pasadena, CA Feb 2014	-Pittsburgh, PA Nov 2013

*Energy Psychology for Everyone.* A one and one-half day workshop sponsored by the Association for Comprehensive Energy Psychology.

- Pittsburgh, PA      March 2009      -Chapel Hill, NC Oct 2008
- Philadelphia, PA      Nov 2008

*ACEP Certification Workshop.* Four-day workshops sponsored by the Association for Comprehensive Energy Psychology:

- Santa Clara, CA.      May 2006
- Pittsburgh, PA.      August 2007,      August 2009
- Chantilly, VA.      April 2007

*Energy Psychology and EMDR.* A one-day workshop sponsored by Value Behavioral Health, Pittsburgh, PA. July 2006.

*Essentials of Energy Psychology.* Clinical workshop presented at the 7<sup>th</sup> Annual International Energy Psychology Conference, Santa Clara, CA. May 2006

*Thought Field Therapies: from Soup to Nuts.* Clinical workshop presented at the 5<sup>th</sup> Annual International Energy Psychology Conference, Phoenix, AR. May 2004

*Basic Realities of Thought Energy Therapies.* A one-day workshop presented at the Third Annual International Energy Psychology Conference, San Diego, CA. May 2002.

*ThoughtWorks Creation: A New Technology of Growth.* Clinical Workshop presented at the Family Therapy Network Symposium. Washington, D.C. March, 2001.

*A Multi-modal Approach to the Treatment of Tourette's Syndrome and ADHD.* Workshop presented to the Greater Pittsburgh Tourette Syndrome Group. Pittsburgh, PA. March, 2001.

*Thought Energy Psychotherapy: Healing Body, Mind & Spirit.* Workshop presented at the National Institute for Psychotherapies 3<sup>rd</sup> Annual Conference on Spirituality, Psychotherapy & Healing. New York, NY. October 2000.

*Thought Energy Synchronization Therapies.* A series of two day Introductory and Advanced training seminars cosponsored by Winchester Medical Centers Behavioral Health Services. Winchester, VA. July 2000 And October 2000.

*TFT: A New Approach for Relieving Trauma.* Presentation for the Winchester Medical Center's Behavioral Health Services Staff. Winchester, VA. July 2000.

A Multi-Modal Approach to the Treatment of ADHD. Staff training conducted for the Allegheny Intermediate Unit. June, 2000.

*An Introduction to Thought Energy*, Clinical Workshop presented at the Family Therapy Network Symposium, Washington, D.C., April, 2000.

*Unleashing Thought Energy*. Clinical Workshop presented at the Family Therapy Network Symposium, Washington, D.C., April, 2000.

*Magnetic Polarity and Educational Kinesiology: Effects in Brain Injury Rehabilitation*. Inservice training for Re-Med, Pittsburgh, PA., Feb. 2000.

*Foundations of Energy Psychology*. A one-day pre-conference workshop sponsored by the Canadian Energy Psychology Conference Toronto, Canada - October 1999

*Thought Energy Synchronization Therapies*. Two-day Basic Diagnostic and Treatment training seminar for staff at Orlando Regional Hospital, Orlando Florida – August 1999 and February 2000

*Thought Energy Synchronization Therapies*. A series of two-day Introductory and Advanced training seminars for staff at Harrington Memorial Hospital, Sturbridge, MA., February 1998, May 1998 & October 1998.

*Thought Energy Synchronization Therapies*. A series of two-day Introductory and Advanced training seminars for network providers of the Group Health Cooperative, Bellingham, WA, February 1998, July & October

*Thought Energy Synchronization Therapies. Advanced Diagnostic and Treatment Procedures*. Two-day training seminars:

Albuquerque, NM - September 1997	New York, NY - November 1997
Washington, DC - December 1997	Chicago, IL February - 1998
San Diego, CA - March 1998	Denver Co - March 1998
Los Angeles, CA - April 1998	Sacramento, CA - May 1998
New York, NY - June 1998	Washington, DC - June 1998
Pittsburgh, PA - October 1998	San Diego, CA - March 1999
Washington, DC - September 1999	

*Thought Energy Synchronization Basic Diagnostic & Treatment Procedures*. Two-day training seminars  
 Pittsburgh, PA - August 1998  
 Washington, DC - February 1999  
 Billings, Montana - July 1999

*Thought Energy Synchronization Therapies: Level I.* Two- day seminars:

Chicago IL - August 1996  
 Boston, MA - September 1996  
 New York, NY - October 1996  
 Baltimore, MD - November 1996  
 Orlando, FL - December 1996  
 Albuquerque, NM - January 1997  
 Boston, MA -March 1997.  
 Washington, DC - September 1997  
 Boston, MA - October 1997  
 Cincinnati, OH October 1997  
 Chicago, IL - February 1998

*Thought Energy Synchronization Therapies: Level II.* Two- day seminars

Chicago, IL - April 1997  
 Baltimore, MD - April 1997  
 Washington, DC - November 1997  
 New York, NY - December 1997  
 Washington DC - May 1998

*Energy Psychotherapy.* Invited lecture/demonstration at the 1998 Health and Fitness Exposition. Pittsburgh, PA. April 1998.

*An Introduction to the Healing of Thought Field Therapy and ThoughtWorks Creation.* Presented at Common Boundary's 17th Annual Conference , Washington DC. November 1997.

*Psychotherapy By Energy.* Invited lecture/demonstration at the 1997 Health and Fitness Exposition. Pittsburgh, PA. March 1997.

*Rapidly Resolving Love Pain and Other Traumatic Memories with Thought Field.* Lecture/Demonstration at the 1996 Health & Fitness Exposition. Pittsburgh, PA. March 1996.

*Resolving PTSD with EMDR.* A workshop conducted for Cigna Insurance. Pittsburgh, PA. December 1995.

*Eliminating the Pain of Fibromyalgia.* A workshop conducted for the Fibromyalgia Support Group. Pittsburgh, PA. October 1995.

*Resolving Post-Traumatic Stress Disorders and Dissociation with EMDR.* Invited address to the Greater Pittsburgh Psychological Association. April 1995.

*The Neurophysiology of EMDR.* Invited address at the Advanced EMDR



Training Seminar. Chicago, IL. October 1995.

*Stress Management for Educators and Students.* A full day workshop conducted for the Pittsburgh-Mount Oliver Intermediate Unit. October 1988.

*Creating Relaxation.* An invited address presented to the Westmoreland Girl Scout Council's fall conference. Greensburg, PA. November 1988.

*Stress Management.* A workshop conducted for the Apollo-Ridge School District. Spring Church, PA. May 1988.

*Remediating the Effects of Stress.* A workshop conducted for the Butcher Consulting Group. June 1988.

*Creating Eustress.* An invited address at the Chautauqua Institution. Jamestown, NY. August 1988.

*Utilizing Language Sounds (Neurolinguistic Programming).* A one week workshop at the Chautauqua Institution. Jamestown, NY. August 1988.

*Biofeedback and Nutrition: Tools for Self Regulation.* A one week workshop at the Chautauqua Institution. Jamestown, NY. August 1985 and 1986.

*Performance Stress.* A workshop conducted at Indiana University of Pennsylvania. March 1985.

*Winning Attitudes.* A workshop conducted for C.I.S. of Pittsburgh. March 1985.

*Managing Stress.* A one day workshop conducted for the Theatre Association of Pennsylvania. October 1985.

*Type A to B Minus: A Continuum of Change.* Conducted at the Annual Meeting of the Pennsylvania Society of Behavioral Medicine and Biofeedback. May 1984.

*Biofeedback and Behavioral Medicine.* Conducted for the Vocational Rehabilitation Center of Pittsburgh. February 1984.

*Managing Stress.* A one day workshop conducted for the Theatre Association of Pennsylvania. October 1983.

*Creative Stress Management.* A Training and Development Program for Professionals. January 1983.

*Biofeedback and Self-Regulation.* A series of two day workshops conducted for Chatham College, Spring and Fall, 1983.

*Drug Use and Interactions.* A two day workshop conducted for Central Pennsylvania Regional Training on Aging Project. Fall 1979.

*Aging and Health Maintenance.* A series of two day workshops conducted for the Central Pennsylvania Regional Training Project for Area Agencies on Aging in the spring of 1979 at Harrisburg, Lewisburg, and Johnstown, PA.

*Human Development, Health, and Nutrition.* Mount Aetna Home and School Association. Mount Aetna, MD. November 1977.

*Stress Management Techniques.* Wilson College, Chambersburg, PA November 1976.

## PAPERS AND PUBLICATIONS

Aiello, J.R., Nicosia, G.J. & Thompson, L.E. "Physiological, Social, and Behavioral Consequences of Crowding on Children and Adolescents." Child Development, 1979, vol. 50, pp. 195-202.

Gruder, D., Hoover-Kramer, D., Nicosia, G. & Stoler, L. Energy Health Practitioner Certification Program. Association for Comprehensive Energy Psychology, New York, NY. 2006

Hyman, D. & Nicosia, G.J. Physiological, Behavioral and Subjective Responses to Crowding. Paper presented at the Annual Convention of the California State Psychological Associations. San Diego, CA. March 1976.

Kleinman, J., Nicosia, G.J. & Niemark, E. Natural Organization Does Facilitate Long-Term Retention of Verbal Materials.

Lambrou, P., Pratt, G., Chevalier, G., and Nicosia, G. Thought Energy Therapy: Quantum Level Control of Emotions and Evidence of Effectiveness of Energy Psychotherapy Methodology. Paper presented at the International Forum on New Science. Fort Collins, CO. October 1999.

- Nicosia, G.J. The Effect of Labeling on the Recall and Organization of Multiple Visual Forms. Paper presented at the 45th Annual Convention of the Eastern Psychological Association. Philadelphia, PA. April 1974.
- Nicosia, G.J. The Development of Priority in the Recall of Newly Learned Items. Paper presented at the 47th Annual Convention of the Eastern Psychological Association. New York. April 1976.
- Nicosia, G.J. The Development of Sex-Differences in Reaction of Crowding. Psi Chi. Invited address. Franklin and Marshall College. Lancaster, PA . 1979.
- Nicosia, G.J. Lifelong Well-Being: Pennsylvania Area Agency on Aging Training Manual. Bioneural Centers, Inc. Greenport, NY. 1979.
- Nicosia, G.J. Warning: Food May be Hazardous to Your Health. Robert F. Kennedy Jones Foundation. Harrisburg, PA. 1979.
- Nicosia, G.J., Hyman, D., Epstein, Y., Aiello, J. & Karlin, R. "Effects of Bodily Contact on Reactions of Crowding." Journal of Applied Social Psychology, 1979, 104, pp. 369-375.
- Nicosia, G.J. & Santa, J.L. "Words and the Reproduction of Nonsense Things." Journal of Experimental Psychology: Human Learning and Memory, 1975, 104, pp. 369-375.
- Nicosia, G.J. "The Development of Priority in Recall: Implications for Models of Memory Development." Submitted for publication to Journal of Experimental Child Psychology. 1981.
- Nicosia, G.J. & Bauer, A. "Auditory vs. Visual Modes Presentation in EMG Biofeedback Assisted Relaxation Therapy." Unpublished manuscript, 1981.
- Nicosia, G.J. & Smith, L.A. "Are There Levels of Processing in Memory?" Unpublished manuscript, 1982
- Nicosia, G.J. The Quantitative Analysis of EEG Representing a Localized Psychogenic Amnesia and It's Resolution by Eye-Movement Desensitization and Reprocessing Psychotherapy. Paper presented at the 4th Annual International EMDR Conference. Sunnyvale, CA. March 1994.
- Nicosia, G.J. "EMDR is Not Hypnosis," Dissociation, 1995, Volume III, No. 1, p.65.
- Nicosia, G.J. Thought Energy Synchronization Therapy: Basic Diagnostic and Treatment Procedures. Advanced Diagnostics, Pittsburgh, PA 1996
- Nicosia, G.J. "Diagnosis and Treatment of 'Minor' Head Injuries." Pittsburgh

- Legal Journal, 1996, Vol. 122, No. 188, pp.2-3.
- Nicosia, G.J. "Integrating the Power Therapies: EMDR and Thought Field Therapy." Thought Energy Synchronization Therapy News, March 1997, pp.2-3.
- Nicosia, G.J. TFT: A Quantum Leap in Psychotherapy," Treatment Today, Winter 1997, pp. 24-25.
- Nicosia, G.J. Thought Energy Synchronization Therapy: Advanced Diagnostic and Treatment Procedures. Advanced Diagnostics, Pittsburgh, PA 1997
- Nicosia, G.J. & Veenstra, A. *Thought Field Therapy: A New Approach for the Treatment of Pain*. Paper presented at the Annual Meeting of the American Academy of Pain Management, Los Vegas Nevada - September, 1999
- Nicosia, G.J. *Thoughts Are Real, Alive and Well, Outside Your Head*. Paper presented at the Canadian Energy Psychology Conference, Toronto, Canada, - October 1999
- Nicosia, G.J. Comprehensive Introduction to Thought Field Therapy. Web of Education, Dumont, NJ 1999.
- Nicosia, G.J. "Shifting Consciousness Through Dimensions: Case Commentary." Family Therapy Networker, September, 2000 p. 75-77.
- Nicosia, G.J., *The Physics of Energy Psychology*. Plenary Address to the Third Annual International Energy Psychology Conference. San Diego, CA., May 2001.
- Nicosia, G. J., *Structures and Physics in Energy Psychology: Where Science Meets Fiction*. Keynote Address. First European Energy Psychology Conference. Lake Lucerne, Switzerland. July 5, 2001.
- Nicosia, G.J., *An Introduction to Thought Energy*. Chapter in 2001: an Energy Odyssey, the Furigen Papers. Edited by Lammers, W. and Beate, K. Institute for the application of the social sciences. Switzerland. June 2001.
- Nicosia, G.J., Gruder, D., Hoover-Kramer, D., & Stoler, L. Comprehensive Energy Psychology Certification Program. Association for Comprehensive Energy Psychology, New York, NY. 2006.
- Nicosia, G.J. & Cellinni, P. *Transforming Emotional and Cognitive Dysfunction: A Case Study*. Paper presented at the 8<sup>th</sup> Annual International Energy

Psychology Conference, Baltimore, MD., 5/2006.

Nicosia, G.J., *World Trade Center Tower 2 Survivor: EP Treatment of Long-term PTSD: A Case Study*. Paper presented at the 10<sup>th</sup> Annual International Energy Psychology Conference, Albuquerque, NM , 5/2008.

Nicosia, G.J. *What's What in Energy Psychology: Making the Path by Walking IT*. A Keynote address in the Proceedings of the 35<sup>th</sup> Annual Touch for Health Kinesiology Association Conference. Pittsburgh, PA, July 2010.